सत्यमेव जयते

भारत का राजदूतावास, बहरीन

Embassy of India, Bahrain

****

PRESS RELEASE

Embassy of India, Bahrain celebrated the 12th edition of International Day of Yoga

The Embassy of India, Bahrain celebrated the 12th International Day of Yoga (IDY) on 21 June 2026 with the theme "YOGA FOR HEALTHY AGEING".

2. Embassy organized a yoga session at Bahrain Keraleeya Samajam on 21 June 2026 led by Teacher of Indian Culture (TIC) Dr. Narpal Singh and a Bahraini Yoga practitioner Ms. May Awadah. The event witnessed the enthusiastic participation of over 600 yoga practitioners and enthusiasts from across Bahrain.

3. The event was led by H.E. Mr. Vinod K. Jacob and was graced by H.E.Abdulnabi Al Shoala, Former Minister of Labour, Kingdom of Bahrain as Chief Guest. H.E. Abdulnabi Al Shoala in his speech, said that lasting peace begins with inner balance, and that cultivating harmony within ourselves enables stronger bonds across societies. Referring to the IDY celebrations amid recent regional tensions, he said the occasion carried special significance in this regard. He also described Yoga as India's enduring gift to the world.

4. H.E. Ambassador Mr. Vinod K. Jacob described the gathering as a tribute to the Kingdom of Bahrain and an expression of solidarity of the Indian community. He highlighted Yoga's role in promoting peace, harmony, unity, and resilience. The event also featured an address by Bahrain Keraleeya Samajam President Mr. Radhakrishna Pillai.

5. A short video on International Day of Yoga 2026 released by Ministry of External Affairs, New Delhi on celebration of IDY since 2014 was played on this occasion.

6. A Curtain Raiser event was organized at the Embassy premises to kick start the celebrations of 12th IDY on 29 May 2026. The Yoga session was attended by officials of the Embassy and students from Yoga classes held at the Embassy, Bahrain Keraleeya Samajam and Indian Club. As part of embracing wellness together and spreading the awareness & benefits of Yoga, Embassy of India organizes Daily Yoga classes at the Embassy.

7. In a landmark achievement coinciding with IDY 2026, the Ministry of Ayush, Government of India created a new Guinness World Record for the Most Viewers for a YouTube Live Yoga Stream, with 136,00,000 viewers joining special global online Yoga session streamed live from 14 to 21 June 2026. The record attempt was organized as part of the Ministry's outreach activities for IDY 2026 and witnessed enthusiastic participation from Yoga practitioners, students, institutions, professionals, and wellness enthusiasts across India and around the world, including yoga enthusiasts from the Kingdom of Bahrain. Ambassador Jacob alongwith officers of the Embassy also participated in this initiative.

8. As part of International Day of Yoga, yoga sessions were also organized by various Indian community Associations in the Kingdom of Bahrain, to spread the message of health and well-being to all segments of the community.

9. The Embassy takes this opportunity to thank various Indian community organizations and Indian and Bahraini yoga enthusiasts for making the celebrations of Yoga day a resounding success.

*****

22 June 2026

ബഹ്റൈൻ കേരളീയ സമാജം
نادي الكيرالیين البحرين
THE BAHRAIN KERALEEYA SAMAJAM
12TH INTERNATIONAL DAY OF YOGA 2026
Embassy of India
Kingdom of Bahrain
Yoga 365

THE BAHRAIN KERALEEYA SAMAJAM
BFC
MONEY TRANSFER &
CURRENCY EXCHANGE

Yoga for Healthy Ageing
Ministry of Ayush
सत्यमेव जयते
Embassy of India
Kingdom of Bahrain
365
Yoga 365
Embrace Yoga, 365 Days a Year!
12TH INTERNATIONAL DAY OF YOGA 2026
#YogaForHealthyAgeing

MALABAR
UNIECO
FORD EVEREST
BDUTYFREE.COM
India's Top 10 Ranked
VIT Powered Educ
Now in Bahrain

Embassy of India
Kingdom of Bahrain
Yoga 365
Embrace Yoga, 365 Days a Year!
Embassy of India, Building 1090, Road No. 2819
Block No. 428, Al-Seef, Manama, Kingdom of Bahrain
www.eoibahrain.gov.in
IndiaInBahrain
IndiaInBahrain
indiainbahrain
Embassy of India Bahrain
Embassy of India
Kingdom of Bahrain
Yoga 365
BKS
NATIONAL DAY OF YOGA 2026
#YogaForHealthyAgeing

Embassy of India
Kingdom of Bahrain
Yoga 365
Embrace Yoga, 365 Days a Year!
Embassy of India, Building 1090, Road No. 2819
Block No. 428, Al-Seef, Manama, Kingdom of Bahrain
www.eoibahrain.gov.in
IndiaInBahrain
IndiaInBahrain
Embassy of India
Kingdom of Bahrain
Yoga 365
BKS
TIONAL DAY OF YOGA 2026
#YogaForHealthyAgeing

Embassy of India
Kingdom of Bahrain
Yoga 365
Embrace Yoga, 365 Days a Year!
Embassy of India, Building 1060, Road No. 2818,
Block No. 428, Al-Seef, Manama, Kingdom of Bahrain
www.eoibahrain.gov.in
IndiaInBahrain
IndiaInBahrain
indiainbahrain
Embassy of India,Bahrain
Embassy of India
Kingdom of Bahrain
Yoga 365
12TH INT
L DAY OF YOGA 2026
ealthyAgeing
BKS